

## **Music & Motion**



## Mrs. Diana is Back!

## Starts Tuesday Sept. 10<sup>th</sup>!

Our Music and Motion program is back with Mrs. Diana! It will start on Tuesday, September 10<sup>th</sup>. She will come and teach each classroom once a week for about thirty minutes. Mrs. Diana will teach the musikgarden curriculum from September 2024 to June 2025. Here is a little bit about what she will bring to each of our classes:

WHAT CAN Mrs. Diana's MUSIKGARTEN Program DO FOR MY CHILD? The ultimate goal of Mrs. Diana, the award-winning staff of Musikgarten, and the founders of Musikgarten is to build love for music, confidence, and to aid the overall whole-body development of the child. Research shows that no other type of learning affects the brain as much as music education during the 0 – 9 year early childhood period. Music-making is wonderful for the child's mind, body, and soul. The activities experienced in the 0 – 10 year Musikgarten of Lexington program foster creativity in children and a love of learning. Serotonin released in the brain as you sing helps promote feelings of well-being. Children need to move as they grow; they learn through their exploration with movement. Sensory-motor stimulation is an aspect of neurological development that must be present for the child to effectively master simple and complex tasks. The more complete the sensory-motor integration, the easier academic learning becomes later. The better listening skills, greater attention span, and increased memory capacity gained through Musikgarten activities will be beneficial for a lifetime

CYCLE OF SEASONS (2 ½ - 4 ½ YRS.) Warm, loving environment created by caring, enthusiastic teachers. Classroom environment prepares children for preschool and grade school by learning to follow directions and listen to a teacher. Students learn to value our natural environment. Ecological theme to class (leaves, wind, rain, snow, seeds, animals, gardening, etc.). Creates a better understanding of the beauty and music found in nature. Promotes family love and the value of friendship. Learning and repeating poems and fingerplays promotes language development. Students study each season while that season is actually occurring outside in the real world. Students study the life cycles of plants and animals through song, poetry, short stories, and pictures

MUSIC MAKERS: AROUND THE WORLD (4 – 7 YRS.) and MUSIC MAKERS: AT HOME IN AMERICA (4 – 7 YRS.) Learn about the music, instruments, history, food, culture, and customs of a variety of countries and ethnicities, including the United States. Children enjoy intricately choreographed social dances with scarves and hoops. Early multi-cultural education promotes tolerance and respect for others. Children learn vocabulary, songs, poems, and stories from other languages. Class involves in-depth studies of many different composers and performers, including Bach, Handel, Mozart, Haydn, Strauss, Beethoven, Dvorak, Copland, Louis Armstrong, Scott Joplin, and others. Students study national heroes and historical figures of America and other countries. Students learn the geography and landmarks of each country, including the U.S. Students listen to lesser-known instruments like the zither, Irish harp, pipe organ, Indian flute, harpsichord, Scottish bagpipes, and tubular bells. Students learn to read and write music using flashcards and song pages. Students begin to play in ensembles using the glockenspiel, resonator bars, metallophone, maracas, bongos, triangle, guiro, rattles, jingles, drums, rain stick, sand blocks, and rhythm sticks and occasionally keyboards.